

**TEACHER ONLY DAY - FRIDAY 31ST MAY 2024**



**WELCOME**

A warm welcome to Week 4 of the school term. Book Week is well underway and kids have been having an absolute blast. There are a range of events coming up so be sure to check Facebook and the newsletter regularly.

Have a wonderful Friday and a great weekend.

**SCHOOL COMMUNICATIONS**

Over the years the communication between home and school has developed and changed. Newsletters have been supported by Facebook notifications and most recently, Seesaw. In addition the majority of our staff utilise text messaging. With this in mind it is important to acknowledge that there needs to be some finite times for communication when our staff return home to their own families in the evenings. Therefore, after 5pm, if you have an issue that you need to communicate, please send a message. Our staff will respond and let you know when they can deal with it or forward it to a member of the leadership team. This is by no way meaning to weaken the strong bonds we currently have with our community, it is a chance to show the value we place on our staff and their whānau. Thank you for your support.

**BOOK WEEK**

"The more that you read, the more things you will know. The more that you learn, the more places you'll go", famous words from Dr. Seuss that fit perfectly with the whole purpose of the LSS Book Week. We want our tamariki to know the love of books and to see the benefits of getting lost in some amazing stories and learning astonishing information. What a week it has been! We have had guest speakers Kaye Arnott, Helen Worboys, Alan Dingley, Lael Chishlom, and Amberly Caldwell as well as quiz competitions, spot prizes for reading, daily whole school reading, and of course our amazing book character dress up day. Thank you to our whānau for your support this week. It has certainly been an amazing, fun week and one more day to go!

**PINK SHIRT DAY**

A huge thank you to our awesome staff and community who dressed up in pink and supported this fabulous day. Check out the terrific photo to the right.



24/15

Thursday 23rd May 2024

## TE AO MAORI @ LSS

Pōhutukawa is the next of the 9 stars of Matariki. This is the star that cradles the memories of those loved ones that we have lost. It is a symbol of connection to the past and the ancestors who have gone before us. Pōhutukawa sits away from those associated with food to preserve the noa of the kai. Look upon this star and remember and acknowledge those who have led you on your path.

## YOUNG LEADERS' DAY

Last week, Te Raukura attended National Young Leaders Day (NYLD) in Palmerston North. NYLD is an annual student leadership event that aims to develop student leadership and empower students to fulfill their dreams and become great leaders in Aotearoa. Throughout the day our students listened to the following motivational speakers:

Brooke Neal (Former New Zealand Hockey Player); William Pike (Kiwi Explorer and Founder of the William Pike Challenge); Te Kahukura Boynton (Entrepreneur); Nate Willbourne (Conservation and Climate Justice Advocate and Founder of Gen Z Aotearoa; Yahyah (Musician)

All of these speakers spoke about the importance of setting goals, not giving up, self-belief, doing things you are scared of and, turning your inner critic into your inner coach. A highlight for many of our Te Raukura students was getting a VIP opportunity to meet William Pike and have him answer some of their burning questions. A great day of leadership development for our future leaders! Check out the photo above right.



## TE RAUKURA - COMMUNITY SERVICE

Te Raukura completed their first community service visit to Ranfurly Manor last week. Our students spent the afternoon playing games, interacting, and supporting the residents. It was magic watching the residents come to life as they connected with our students. We are looking forward to visiting fortnightly throughout the term and building relationships with our Ranfurly friends. Check out the photo to the right.



## WHAT IS ADHD?

Understanding ADHD is crucial for parents to support their child effectively. ADHD, or Attention Deficit Hyperactivity Disorder, is a complex neurodevelopmental disorder affecting attention, impulse control, and executive function, not simply a result of bad parenting or lack of discipline. It stems from differences in brain anatomy and neurotransmitter function, so understanding this can alleviate guilt and frustration. Recognising symptoms is vital, as ADHD presents differently in each child. Some may struggle with attention and focus, while others may display hyperactivity and impulsivity. A professional evaluation and support from a qualified healthcare provider can diagnose ADHD and offer treatment options, including therapy, medication, or behavioural interventions. Patience and empathy are essential, as children with ADHD face unique challenges. Providing a supportive environment helps them navigate these difficulties and thrive. At Lytton Street School, we strive to support all of our tamariki with ADHD.

## SPORT MANAWATU

Sport Manawatū are excited to be hosting a Good Sports workshop here in Feilding. 'Raising an Athlete' is a workshop designed to help parents best support their young people in their sporting journey. It is an opportunity to connect with fellow parents, reflect on our practices and debunk some common myths around sporting success.

We'll be covering topics such as early specialisation, the sporting 'drop-off' and development vs performance. Held upstairs at the Civic Centre in Feilding from 7-8pm on the 6th of June. A light supper will be provided. Please see the following link to register [Raising an Athlete - Sport Manawatū \(sportmanawatu.org.nz\)](https://sportmanawatu.org.nz)

## REPRESENTATIVES

Last weekend Lytton Street boys trialed for the Manawatū U10 Māori Rugby League team alongside 34 other kids. A huge congratulations to Mataeo, Jake & Bentley who all made the team. This is a fantastic achievement. Our school community wishes you all the best for the upcoming season.

## TEACHER ONLY DAY

A reminder that our school is hosting many others from the region on Friday 31st May 2024. This day will be utilised to expand staff knowledge of brain development and resilience.

